When you are feeling ill

J-PARC users can use the health counseling room of KEK (High Energy Accelerator Research Organization) at Tokai Building No. 1 (1st floor) for first aid treatment. Please contact the user's office first.

And we are providing information for medical –English speaking hospitals and clinics, online searching tools and pharmacies nearby that you can buy over-the-counter drug- in the following pages.

KEK Medical Care Office

[Available time] Mon-Fri, 9:00-17:00 (Only during working hours)

- [In use] Please be sure to contact the User's Office before coming to the room as you may be absent.The following services are available from industrial physicians and nurses. An industrial physician also
 - works every Thursday from 9:30 to 15:00. The following measures are possible.
 - Provision of internal medicine (over-the-counter medicine)
 - First aid (cannot be treated)
 - Hospital information
 - Temporary breaks when you are not feeling well

Room 114 (1st Floor Tokai Building No. 1) "Medical Care office"

Phones; Ext. 4010 / Mobile phone 029-284-4010

E-mail hoken-staff-tokai@ml.post.kek.jp

* JAEA Health Care is available for emergencies. (JOHO KORYU Bldg. North Wing 3F, internal line 6180)

Ibaraki Prefecture Medical Information

Free website to search for hospitals that can be examined at night and hospitals that can speak English. **Search for a doctor** (Ibaraki Prefectural Government is providing searching service) <u>http://www.qq.pref.ibaraki.jp/</u>

- English speaking Dentists nearby
- Hospitals & Clinics nearby
- Ibaraki Prefecture 24 Hours Emergency Medical Information Control Center Phone: 050-5445-2856

Medical Handbook for Foreigners

Medical Handbook (Ibaraki International Association <u>https://www.ia-ibaraki.or.jp/</u>) <u>https://www.ia-ibaraki.or.jp/kokusai/english/medical/book/index.html</u>

Pharmacy stores

Stores in Tokai

Pharmacy store in the village

It is possible to purchase over-the-counter medicines and medicines with a prescription excluding prescriptions issued overseas.

